AIR FORCE Space & Missiles 1954 - 2004

Base Briefs

COMMANDER'S CALL

The 30th Space Wing will hold a commander's call 7:30 a.m., 30th Operations Group and 30th Medical Group; 11 a.m., 30th Launch Group and 30th Wing Staff and 3:30 p.m., 30th Mission Support Group Tuesday in the base theater. Call Staff Sgt. Theresa McFarland at 606-1318 for more information

CHANGE OF COMMAND

Lt. Col. Catherine Perro assumes command of the 533rd Training Squadron from Lt. Col. Arthur Beisner II at 10 a.m. Tuesday in the Pacific Coast Club. Call Staff Sgt. Angela Langhorne at 606-1541 ext. 3505 for more information.

CHANGE OF COMMAND

Maj. Richard Lindlan assumes command of the 30th Mission Support Squadron from Maj. Karen Taylor at 10 a.m. July 9 in the Pacific Coast Club. Call Ruth Clark at 606-6200 for more information.

CHANGE OF COMMAND

Lt. Col. Lorna Westfall assumes command of the 30th Medical Operations Squadron from Lt. Col. Angela Thompson at 3 p.m. July 29 in the Pacific Coast Club ballroom. Call Karlene Kneeling at 606-6761 to make reservations by July 15.

CHANGE OF COMMAND

Maj. James Bell assumes command of the 30thComptroller Squadron from Lt. Col. John Coulahan Jr. at 3 p.m. Thursday at the Pacific Coast Club. Call 1st Lt. James Cunningham at 606-9767 for more information.

SCHOOL PHYSICALS

Annual school and sports physicals will be offered at the family practice clinic by appointment only from 4 to 6 p.m. July 16 for children enrolled in TriCare Prime. Parents must bring the school's physical examination requirements and the child's immunization record. To make an appointment, call 606-2273. Call Staff Sgt. Nora Lerner at 606-5695 for more information.

EDUCATION RECORDS

All Vandenberg military personnel can view all college classes attended, see their CCAF credits and check their education records online at the Web site https:// afvec.langley.af.mil/afvec. Once signed in users must exit the Web site and then log back in to access their information. For more information call the education center at 605-5904.

See BRIEFS Page A2

Vandenberg AFB, Calif.

Preparing for glory

Friday, July 2, 2004



Staff Sqt. Douglas Fuller, a nuclear weapons specialist, 576th Flight Test Squadron. holds a tag line connected to the reentry system handling sling to keep the shroud under control in preparation for a Peacekeeper shroud installation for mission GT-33 here. The Peacekeeper is scheduled for launch July 21.

30th CES Airmen embraced as Soldiers in Iraq

By Airman 1st Class Bryan Franks 30th Space Wing Public Affairs

■A37 member 30th Civil Engineer Squadron team recently returned from a deployment in support of Operation Iraqi Freedom.

The team was deployed to augment one of the Army's utility companies by providing minor construction and maintenance support for the Army command at the location, said 2nd Lt. Phillip Baker, 30th Civil Engineer Squadron.

Before they deployed, the Team V members underwent training at Camp Virginia and Camp Udari familiarizing themselves with Army radio operations, requesting and receiving MEDIVAC services, 50-Cal and M-249 training to prepare for convoy missions while deployed.

Master Sgt. Mike Kalata, 30th Civil Engineer Squadron, said they were also very fortunate to receive some outstanding support from the 30th Security Forces Squadron prior to their deployment. Before deploying to their training in Kuwait, the team was trained on weapons familiarization, weapons firing, squad tactics and movement, military operations in urbanized terrain, convoy operations and other infantry tactics and techniques.

"The training we received from Vandenberg and in Kuwait was outstanding," Lieutenant Baker said. "Most Airmen don't get trained as a warfighting soldier, ready to effectively engage an enemy if the situation arises. On the convoys I went on, you can't help but feel that knot build up in your stomach but I knew we knew what to do and wouldn't hesitate to do what we had learned."

them in a circus-style tent with a generator that ran part of the time, port-a-johns and two small

"They really made us feel like they accepted us as one of their own - no special treatment for Airmen because we were now Soldiers."

Vol. 14, No. 25

2ND LT. PHILLIP BAKER, 30th Civil Engineer Squadron

shower trailers for shower/ latrines, he said.

"They really made us feel like they accepted us as one of their own - no special treatment for Airmen because we were now Soldiers," Lieutenant Baker said. "Towards the end when our replacements were getting close to arriving, we took a lot of heat from our Army buddies. They got

over a year left in Iraq." To prepare for their deployment, the team outfitted with gear that Air Force personnel don't normally use.

there before us and still had just

"We were issued high-speed tactical gear," Lieutenant Baker said. "It was great stuff, and our trainers even commented on how nice the stuff was, but they also said we'd probably end up shedding a lot of the gear because of the weight and difficulty of rapidly getting in and out of vehicles on a convoy."

The gear they were issued would help them during their When the team arrived in mission but nothing would help Kuwait, the Army gave them the them from the heat. Lieutenant royal Army welcome, billeting Baker said the hottest temperature

See RETURN Page A5

DOD expands troop anthrax, smallpox vaccination

American Forces Press Service

■ More U.S. servicemembers, including those serving in South Korea, will be vaccinated against smallpox and anthrax, the Defense Department's senior medical adviser said Wednesday.

The availability of additional smallpox and anthrax vaccine will allow for vaccinating all servicemembers assigned to U.S. Central Command, and many serving in U.S. Pacific Command, said Dr. William Winkenwerder, assistant secretary of defense for health affairs.

This includes troops assigned in South Korea. Dr. Winkenwerder said he could not provide the numbers of troops affected by the policy change, other than saying "tens of thousands" would be vaccinated. The policy change, he said, was not precipitated by a definite threat increase.

"There is no substantial change to the threat situation," Dr. Winkenwerder said, explaining the increased availability of both vaccines "will provide an additional layer of protection" for servicemembers.

Central Command troops deployed to the Afghanistan and Iraq theaters of operation had been vaccinated against smallpox and anthrax, Dr. Winkenwerder said, but now "all personnel in Central Command" will receive both

Servicemembers serving in selected areas of PACOM, including South Korea, also will

See SMALL POX Page A2

Civilian guards armed, ready

30th Space Wing Public Affairs

■ The 54 contract security guards from Worldwide Security Services received their M-9 weapons on June

22 after an initial training and weapons qualification period. The goal is for the guards to take over full control of most of the gates by the end of July after some additional training and qualifying,

said Ray Johnson, chief of guards

for the security professionals. 'They are here to defend people and resources," said Lt. Col. Dan Knox, 30th Security Forces Squadron commander. "They are governed under the Air Force criteria for the use of force."

Although there have been some questions, Vandenberg personnel have adjusted quickly to the new faces at the gates.

"I am thrilled with the professionalism and positive representation this team has made at the gates," Colonel Knox said. "During those times when the guards are not out there, we've actually had people ask us where they are at. The feedback, which I encourage, has been overwhelmingly positive.'

The guards have all gone through a substantial screening process to get where they are at to include qualifying for a security clearance, meeting physical fitness requirements, weapons qualifications, and standards of professionalism, among others. The majority of the guards either have had previous military or law enforcement experience, Mr. Johnson said.



Gate guard Tammie L. Eggers verifies vehicle and personal identification at Vandenberg's main gate Monday morning.

"The standards are very stringent," Colonel Knox added. "And the unit has done a great job holding its people to those standards.

Col. Frank Gallegos, 30th Space Wing commander, expressed his full support in the team when he addressed them on June

"You are my first line of detection and deterrence," Col. Gallegos said.

The team began serving here on May 18 as part of a larger contract that provides 460 guards at 11 Air Force bases.

"Things really have been going great," Mr. Johnson said. "We are looking forward to qualifying and taking over the gates we've been asked to and supporting the Air Force in any way possible."

The first forty-five days, the most challenging stand-up period, has gone well at all eleven installations, said Ed McDonald, President of Worldwide Security Services.

"The success has been primarily achieved through the combined efforts of the Airmen, Army National Guard Soldiers and the WSS security officers working together as a team," Mr. Mcdonald said. "The leadership and support provided by Security Forces Headquarters and at each of the eleven installations exemplifies the excellence of the Air Force.'

In this issue of the



Also view The Space & Missile Times at www.vandenberg.af.mil and click the Space & Missile Times button



Team V shows up at Lompoc's annual Flower Festival. See Page A6.



Destinations Central Coast heads for Los Angeles and the Fashion District. See Page B1.

Weekend forecast Partly cloudy today, Saturday and Sunday.



For a full Vandenberg weather report, visit www.vandenberg.af.mil/30sw/organizations/30og

weather/weather index.html

Son meets mom in Kuwait

By Brandye Frederick

30th Space Wing Public Affairs

■ATeam Vandenberg member reunited with his mother after a 12-year separation in the most unlikely place. Airman 1st Class Ephraim Advincula, 30th Civil Engineers Squadron, was reunited with his mother while deployed in Kuwait.

Airman Advincula, born in the Philippines, had not seen his mother since 1992

Following his parents' separation in 1984, Airman Advincula went to live with his grandparents. His mother visited him there. His father moved to the United States. When Airman Advincula was nine years old, he visited family members in the United States and decided to stay.

In 1992 Airman Advincula's mother, Raquel Catalla, visited him in the United States. Prior to their recent reunion, that was the last time he saw her. In 1995, Ms. Catalla obtained a two-year contract to work in Kuwait. She is still there.

Although, Airman Advincula knew his mother was in Kuwait, he did not know how to get in touch with her. In 2004, when he found out he was going to Kuwait, he tried to get in touch with his mother. His attempt to contact her was unsuccessful because his family members could not find the right number. Coincidentally, after he arrived in Kuwait his mother attempted to contact him

by calling Airman Advincula's uncle for a contact number, to locate her son. Since Airman Advincula and his mother both contacted his uncle, mother and son were able to contact each other.

There was still another hurdle to overcome. Since military members were not permitted to leave the base, Airman Advincula needed to get permission to allow his mother to come on the base. He spoke to the commander who agreed that Ms. Catalla and her fiancé could come on base.

"The commander of the base was sensitive to the subject, knowing had the situation happened to him, he would have done the same thing," Airmen Advincula said.

Several other people were involved in the reunion. Ms. Catalla was required to have United States military escorts at all times

Airman Advincula said that when he finally saw his mother, all he could think was, "She's so tiny."

They caught up on things like, Airman Advincula's honors that he received in high school, his decision to join the military and his desire to have his mother meet his current long-term girlfriend.

During the reunion, Ms. Catalla put all emotions aside knowing that their time to talk was limited. She wanted to focus on all

of the things she had missed in her son's life in the last 12 years.

"It was hard to have emotions during the meeting but after leaving I knew I needed to cry," Ms. Catalla said.

Airman Advincula said that the experience was like being taken back in time.

"I felt like her little boy all over again," Airman Advincula said. "I was eager to tell her all the important things that had happened in my life in the past 12 years."

When Airman Advincula returned to camp that evening with the exciting news of his reunion, Tech. Sgt. Chris Bradley, 30th CES, said, "No matter what happens on this deployment it was well worth it because you got to meet your mother."

Before Airman Advincula left Kuwait, he promised his mother one thing. He told her that he would do whatever he could to help his mother obtain proper documentation so that she could come to the United States again. She has been separated from many other family members for many years, including her father who is ill. So Airman Advincula is motivated to do all he can to bring his mother to the United States

Airman Advincula plans to keep in touch with his mother through phone and email correspondence.

"It was my first TDY, but nothing will ever top it," he said.

Safety First



PHOTO BY AIRMAN 1ST CLASS MATTHEW REED

Master Sgt. Marie George, 30th Space Wing Safety, gives bikers a safety briefing during Motorcycle Safety Day June 23 at the parade grounds.

SPACE & MISSILE

Col. Frank Gallegos
30th Space Wing commander
Capt. Todd Fleming
Chief, Public Affairs
Airman 1st Class Bryan Franks
Editor

Airman 1st Class Juanika Glover
Assistant Editor

1st Lt. Michelle Mayo Master Sgt. Lloyd Conley Tech. Sgt. Rebecca Danét Tech. Sgt. Mark McKinney Staff Writers

Airman 1st Class Matthew Reed
Photographer

The Space & Missile Times is published by Lompoc Record Publications, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 30th Space Wing.

This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S.

Contents of the Space & Missile Times are not necessarily the official views of or endorsed by the U.S. Government, the Department of Defense or the Department of the Air Force.

The appearance of advertising in the publica

Continuing a legacy of freedom

By Col. Frank Gallegos

30th Space Wing commander

n July 4, 1776, a group of seemingly ordinary men gathered in Philadelphia to do something extraordinary, declare America to be independent. They all knew they were putting their lives on the line. In fact, they probably felt like they were signing their own death sentences that day. They were under no illusions as to the result of their action.

There would be a war that some of them would not live to see to its conclusion, a war the world thought they would lose, pitted against a mighty empire. They didn't care. Freedom was that important. They dreamed of a government dedicated to preserving the inalienable rights of individuals, a government by the people and for the people. And the great experiment called the United States of America was born, conceived in courage and forged in the steely resolve of the first American patriots.

228 years later, their legacy lives on. America is a free nation, thanks to the efforts of brave men and women who risk their lives in her defense.

I recently watched the commemoration of the sixtieth anniversary of D-Day. I was

30th Space Wing vectors

Unleash La uman talent the true message of Independence Day. 4 irmen VV ing mission

nowledge to command the future

S afety

deeply touched watching World War II veterans gather together in memory of what they did to restore freedom and liberty throughout the world. I was also saddened by the recognition that these brave veterans will not always be with us. The silent artillery of time, as Abraham Lincoln once coined it, will continue to take its toll. But, their achievements will never be forgotten.

Every generation must be willing to step forward and defend freedom if they wish to keep it. They must understand that America is a special place, a great experiment in liberty that still inspires people all over the world.

History has revealed many enemies to freedom. More will emerge in the future. It is imperative each generation recognize the gift of freedom for what it is and be willing to defend it. That is

Like those veterans who stormed the beaches of Normandy sixty years ago, we are again engaged in a worldwide struggle against tyranny and oppression, against an ideology that seeks

to destroy freedom and freedom-loving people. And we are again stepping up to the challenge. We are confronting terrorists and their en-

ablers around the world. This is a tough task and we will likely be engaged in this conflict for many years. But, it is a conflict we will win. And it is a conflict in which Air Force Space Command and Team V is playing a key role.

Our hearts go out to those who have fallen in this conflict and their families. They have made the ultimate sacrifice so that freedom

So, as you celebrate Independence Day and enjoy some well-earned time off, take pride in what you are doing to continue the legacy of defending freedom and remember the many men and women who have given their all in defense of this nation and its ideals. Go HAWKS!

Secretary, chief send Independence Day message

■WASHINGTON — The following is an Independence Day message from Secretary of the Air Force Dr. James G. Roche and Air Force Chief of Staff Gen. John P. Jumper:

"Happy birthday, America! For the last 228 years our nation has been the beacon for peace, freedom and opportunity around the world. America earned that reputation through courageous acts of patriotism by our founding fathers and through bravery on battlefields from Bunker Hill to

'On Sunday, we'll celebrate with family and friends the joys of peace and the blessings of freedom. As you celebrate, please remember those who paid the ultimate price defending the values established by our forefathers in forging our great nation.

"This Independence Day is especially meaningful as we support the rebirth of Iraqi sovereignty and defend freedom far from home. Today, Airmen are deployed all over the world, engaged on all fronts in the Global War on Terrorism, carrying freedom's torch. Please remember our deployed Airmen in your thoughts and prayers on the 4th of July.

"America looks to you as their representatives of pride, strength and perseverance in times of peace and war. We're proud of you and salute your great service. We wish you and your families a safe and

perspective or experience you want to share with Team V? Write about it and E-mail it to SMT@vandenberg.af.mil

Do you have a

or call 606-3595.

Commander's Action Line

Call 606-7850 E-mail your message to actionline@ vandenberg.af.mil

y performing Vandenberg's mission safely and effectively, Team V provides proof of its commitment to do the right thing.

Two-way communication is paramount to continued mission success. The 30th Space Wing Commander's Action Line is your direct link to me.

Through the action line you can congratulate your teammates on a job well done, affect change and express productive points of view.

I want your input and I am personally involved in every response.

The action line is always available and it's an excellent tool, but remember to



Col. Frank Gallegos commander

use your chain of command. Talk to your supervisors, first sergeants, services officials and other base professionals and give them a chance to solve your problem first.

Working together, we will enrich the 30th SW mission performance and the quality of life of our Airmen.

When calling the action line, leave your name and phone number in case more information is needed.

Letter to the Editor...

looked at the Vandenberg Web page today and could not help but think of the old days.

I was stationed at Vandenberg from 1967-1970. This is a fond memory for me because I learned many things at Vandenberg that helped me later on in life.

My education and experience working with the computers at the **Data Processing Center** as it was called then, proved to be valuable.

I am currently using some of the launch photos for a screen

saver—they're pretty impressive.

In the background of one of the minuteman launch photos there is a place from which I once did some fishing.

Playing ball with some of the guys on base is also in my memories because the new gym was built during this era. I met many nice people both on base and off.

So, I just wanted to say that my stay at Vandenberg was a very positive life experience.

Thank you, Matt Krippner

HAWKS'

Point of View "Why did you join the Air Force?"



"To learn responsibility but I really love being in the service." - Senior Airman James Murray, **30th Security Forces** Squadron

"To see the world and learn a trade." - Tech. Sgt. Aaron Harrison, 30th **Mission Support** Squadron





To get an education and see the world." - Airman 1st Class Andre Brown, 30th Logistics Readiness Squadron

"Follow in my father's footsteps and love serving my country."-Master Sgt. Vivian Fisher, **30th Contracting** Squadron



Declaration more than piece of paper

BY 2ND LT. PHILLIP DOBBERFUHL

1st Air and Space Test Squadron **7** e hold these truths to be selfevident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life,

Liberty, and the pursuit of Happiness." This nation is unlike any other on the face of the earth. It was uniquely born when 56 men affixed their signatures to the Declaration of Independence. Though some view that declaration as only a political document, it is much more than that. It declares to this nation and the world that mankind's rights are not to be dispensed to people at the option of their government, but rather that every

person is born with these inherent rights endowed upon them by God, not to be infringed upon by governments and kings.

The signers of the Declaration promised, "For the support of this Declaration, with a firm reliance on the Protection of Divine Providence, we mutually pledge to each other our Lives, our Fortunes, and our Sacred Honor." Many of them had that promise tested. Nine died as a result of the ensuing Revolutionary War.

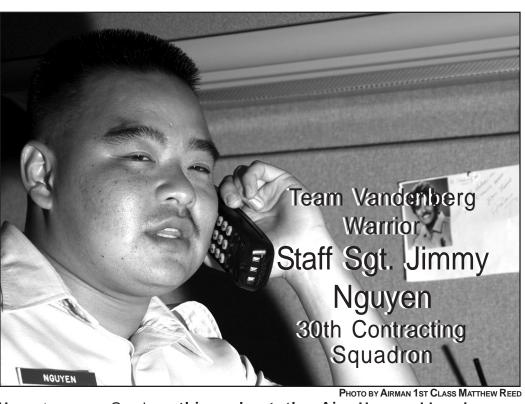
Twelve had their homes ransacked or ruined. Six of them literally gave their fortunes to further the cause. Many of them had their honor questioned by those loyal to the king. Even today, it seems that some find pleasure in maligning the sacred honor of

these men.

Many Americans express deep and heartfelt appreciation to those who have followed in the footsteps of our Founding Fathers by sacrificing their lives and fortunes serving in the military as well as those who subject their sacred honor to public scrutiny by running for and serving in public office.

A debt of gratitude is due these 56 great men for their commitment to a cause that forever changed the relationship between people and their governments.

Let us live our lives in such a manner that we are worthy of the sacrifices, past and present, offered up to preserve and protect our unalienable rights endowed upon us by our Creator.



Hometown: Garden Grove, Calif.

Time in service: 5 years

10 months Time on station: 1 year

Role in mission: Contracting Specialist

What do you like best about the Air Force? My friends, colleagues, and roll dawgs that I have crossed paths with to "enjoy the moment". Also, traveling to countries I would have never thought I would see or experience in my lifetime.

If you could change one

thing about the Air Force what would it be? That there was a responsible mandatory attitude adjustment social hour at least quarterly for all AF installations giving everyone the opportunity to recharge their batteries. What's the most exciting experience you've had so far in the Air Force? Being stationed at Yokota AB, Japan and traveling throughout parts of Asia on the drop of a dime-with my supervisor's approval of

course.

How would you improve life at Vandenberg? More running trails.

Who is your favorite leader in history and why? Martin Luther King Jr. because he was courageous enough to voice his opinion and beliefs so that future generations could live in a kinder and gentler world.

Favorite book: "The

Hobbies: Any sport with a ball, playing my guitar, and hanging out with the homies...

CLIP AND SAVE! DON'T DRINK AND **DRIVE**

Call Airmen Against **Drunk Driving**



For a free and confidential 'no questions asked' ride home, call

Airmen Against Drunk Driving at 606-AADD or 605-AADD (2233).

Check out our online news at www.vandenberg.af.mil/30sw/ news

A4 SPACE & MISSILE TIMES July 2, 2004

Crimebeat...

SENIOR AIRMAN HARIS JOHNSON

30th Security Forces Squadron
June 22

Suspected handgun – 9:15 a.m.

A civilian contract security guard reported a suspicious individual with a possible handgun outside the perimeter of SLC-6. Patrols responded to the area and made contact with a civilian employee matching the description of the armed person. They discovered the object misconstrued as a handgun was in fact a worker's pipe wrench. All parties were briefed and released.

Oh Deer – 9:06 p.m.

An Airman reported striking a deer on San Antonio Road West. He stated the deer jumped in front of the GOV he was operating causing minor damage to the passenger side. The driver was not injured and the deer lives to strike again.

June 23 Have a coke and a smile – 12:18 p.m.

An Airman's spouse reported being assaulted by a "friend." She stated while seated at the bowling center, a female approached her from behind and deliberately spilled a cup of soda on her. When questioned, the female (a spouse of another Airman) responded by pouring

the rout of

the rest of her drink on the victim. Patrols responded and cited the woman for simple assault.

You drink, you drive, you lose!

The Timber lane gate sentry reported a possibly intoxicated driver at his location. Patrols responded and conducted a field sobriety test, which the driver later failed with a breath alcohol content of .16. The individual was apprehended for driving under the influence and later released to his unit's first sergeant.

June 24 Messy situation – 12:00 p.m.

A civilian employee reported a porta-jon lying on it side at the Archery range. He stated it appeared to be intentionally knocked over causing an unknown amount of damage. Patrolman responded and documented the incident.

Give me some space! – 12:38 p.m. An Airman reported a minor vehicle accident at Utah and California Avenue. He stated while making a right onto

California off of Utah, a vehicle behind him rear-ended his vehicle. Both vehicles sustained minor damage but neither driver was injured.

The price of beauty - 1:38 p.m.

An AAFES security detective reported a possible shoplifting at the Base Exchange. Patrols responded and viewed the video surveillance tape, which confirmed the incident. The female involved was later detained and cited for petty theft.

There's a cell with your name on it! -10:00 p.m.

A patrolman initiated a traffic stop on Hwy 1 and California blvd. While identifying the driver of the vehicle, it was discovered she was wanted by Lompoc police for a probation violation. Santa Barbara County sheriffs responded to the scene and took custody of the individual.

June 25

Sparks Fly – 12:55 p.m.
The Utah gate sentry
reported a brush fire on Highway
1 and Firefighter Road.
Firefighter crews and security

forces patrols responded to the

area and contained the fire

within thirty minutes. It was later learned that a construction company was operating a chop saw which inadvertently started the fire.

Never mind me – 2:15 p.m. A civilian employee reported a minor vehicle accident. She stated while in the parking lot of building 11777, a vehicle backed into the front passenger side of her vehicle. Neither driver was injured but both vehicles

June 26 One less drunk driver –

sustained minor damage.

Patrolman initiated a traffic stop on Highway 246 and Ocean Park. Upon making contact with the civilian driver they discovered a strong odor of alcohol emitting from the vehicle. Field sobriety tests were conducted, which the driver failed. Santa Barbara County sheriffs responded to the scene and took custody of the individual.

June 27 Out of sight, out of mind – 4:45 p.m.

An officer reported his child missing from her bedroom. He stated; his daughter was last seen in bed at 4:00 a.m. SFS patrols initiated a base-wide search for the juvenile. At 1:45 a.m., an Airman telephoned SFS and stated he found the missing juvenile hiding in his garage with his son. Patrols responded and reunited the child with her parents.

This week in History

COMPILED BY AIRMAN 1ST CLASS
JUANIKA GLOVER
30th Space Wing Public Affairs

June 27

1950 – President Harry S. Truman announces that he is ordering U.S. air and naval forces to South Korea to aid the democratic nation in repulsing an invasion by communist North Korea.

June 28

1934 – The Boeing Aircraft Company signs a contract for a design that was to become the B-17.

June 29

1949 – The Air Force became the first service to announce an end to racial segregation.

June 30

1950 – President Truman authorized air strikes against North Korea.

i tili IXOIC

July 1 1954 – Western

Development Division stood up under General Bernard Schriever.

1969 – The Aerospace Rescue and Recovery forces in South East Asia complete their 2,500th save.

July 2

1926 – Congress establishes the Distinguished Flying Cross.

July 3

1775 – In Massachusetts, George Washington takes command of the Continental Army.

Two Vandenberg Airmen receive Articles 15

COMPILED BY LEGAL STAFF

30th Space Wing Legal Office

30th Space Wing Legal Office
An Airman from the 30th

Logistics Readiness Squadron violated Article 92 and 134 of the Uniform Code of Military Justice, for failure to obey a lawful order and incapacitated for performance of duties. The Airman received a suspended reduction in rank to Airman and 45 days restriction to

Vandenberg.

An Airman from the 30th Security Forces Squadron violated Articles 91 and 92 of the UCMJ, for disrespect to a security forces NCO, violating a general order and underage drinking. The Airman received a reduction in rank to Airman Basic, 15 days restriction to Vandenberg and 15 days extradutty.

SPACE & MISSILE TIMES A5 July 2, 2004

Religious fun



(Above) Children dig in the sand for treasures in a sandbox to represent the search bubbles in the wind.



Destinations Central Coast WANTS YOU!

Have you visited a Central Coast destination lately? Share it with the rest of Team V! Send in a 400-600 word rough draft about your adventure! Send submissions to: space&missiletimes@vandenberg.af.mil

Promotion ceremonies to be done at unit level

30th Space Wing Public Affairs

■ There has been only one monthly promotion ceremony this year because of mission requirements.

Considering this fact and after counsel with first sergeants and other key leaders the decision was made to discontinue the monthly promotion ceremony, said 30th Space Wing Command Chief Master Sergeant Kevin Ludwig.

"We feel that promotions are best recognized and celebrated at the squadron or group level," said the Command Chief. "This places

the emphasis on the promotee and allows the person to be recognized where they earned the promotion," he adds.

Ceremonies are a reflection of the Wing and Airmen assigned to it, continues Chief Ludwig. "Many military and civilian dignitaries attend-more importantly our Airmen attend."

They need to see an event that will solidify their respect for service and motivate them to attend or participate in future ceremonies.

"Not only do we want to ensure

proper recognition of the event, but ensure it remains a time honored and dignified event and

that the proper message is delivered," Chief Ludwig said. Consequently, any ceremony— Senior NCO induction, Chief's induction, awards, retreats and

graduations will require full review

by himself and approval of Wing

leadership, said Chief Ludwig. In addition, coordination and approval by 30th Space Wing Public Affairs and Protocol need to be done before command section review.



PHOTO BY MASTER SGT. MIKE KALATA

Tech. Sgt. Paul Blackburn, 30th Civil Engineer Squadron, pauses for a minute during a training exercise at Camp Udari, Kuwait.

RETURN:

From Page A1

he saw while deployed was 126 degrees Fahrenheit. "I missed the fog," he added. "That sun would get real hot some days and some of us actually wished for some Vandenberg fog."

But the Vandenberg fog wasn't the only thing the team missed.

Sergeant Kalata although he missed a few things while deployed, he missed privacy most of all. He also said he enjoys exploring, something he couldn't do in that security environment.

"In Kuwait, living conditions were very basic," Sergeant Kalata said. "The conditions there were definitely 'bare base' and not what Air Force personnel are normally accustomed to."

The lieutenant said he really enjoyed working

with the local Iraqi contractors.

"The Iraqis I worked with daily were very friendly people and we're happy we've helped them," Lieutenant Baker said. "They work hard and don't hesitate to joke around with us Americans. Talking to them about their part of the world is something I'll definitely remember."

Something else he said he wouldn't forget is the opportunity he had to work with the Army.

"Working with the Army at the level we did is something new for us," he added.

"There are obviously growing pains and many issues that need to be worked out, but these Joint Force deployments are going to make our military stronger," Lieutenant Baker said. "I look forward to the next time I get to work with all the branches of service again and use the lessons I learned from this one."

A6 SPACE & MISSILE TIMES July 2, 2004

Team Vandenberg joins local community to celebrate Lompoc Valley Flower Festival



PHOTOS BY CAPT. TODD FLEMING

Col. Frank Gallegos, 30th Space Wing commander, waves to the crowd at the 52nd Annual Lompoc Valley Flower Festival Saturday.





(Above left), The Marine Corps flag guards was one of the many drill and mounted teams who came out to the parade. (Above right), Col. Deidre Briggs, 30th Mission Support Group commander, along with members of the Vandenberg Fire Department make an appearance at the parade in a fire truck. (Right) Whole-In-the Wall-et Ranch shows off their mini donkeys they raise at the ranch.



The Cabrillo High School band was one of many bands that came out to entertain parade spectactors.





Jennifer Salcido, 17, was named the 2004 Flower Festival Queen. She will spend the next year making apperances in support of various community events. The 52nd Lompoc Valley Flower Festival was originally a part of the Independence day celebrations. The five-day festival now coincides with the sweetpea's bloom and offers food booths, carnival rides, entertainment, arts, crafts and more.



Hannah Fleming, 4, takes a break from the parade to do a little bit of underaged driving on a bumper boat. Besides the parade there were several activities at the Flower Festival for children and adults alike.

July 2, 2004 SPACE & MISSILE TIMES A7



U.S. occupation officially ends

By John D. Banusiewicz

American Forces Press Service

■WASHINGTON — Sovereignty in Iraq passed from the Coalition Provisional Authority to the interim Iraqi government Monday, two days ahead of schedule.

In a 10-minute ceremony inside the heavily fortified "Green Zone" where coalition headquarters is located in Baghdad, CPA administrator L. Paul Bremer III read a letter he had signed which dissolved the authority.

"As recognized in U.N. Security Council Resolution 1546, the Coalition Provisional Authority will cease to exist on Monday, at which point the occupation will end and the Iraqi interim government will assume and exercise full sovereign authority on behalf of the Iraqi people. I welcome Iraq's steps to take its rightful place of equality and honor among the free nations of the world," Mr. Bremer read.

"This is a historic and happy day for us in Iraq," said Iraqi President Ghazi al-Yawar after receiving the transfer documents.

Iraqi prime minister Iyad Allawi, who reportedly sought the early transfer, expressed confidence in his government's ability to stabilize the violence-wracked country.

"This is a historical day," he said. "We feel we are capable of controlling the security situation."

At a farewell meeting Sunday with the city, regional and provincial councils in Baghdad, Mr. Bremer expressed confidence in the new government's ability to take over Iraq's affairs.

"When I arrived in Baghdad in May last year, the city was still on fire from the looters," he said. "There was not a single policeman on duty in the entire city. Not in Baghdad, not in Basra, not anywhere in the country. We were producing 300 megawatts of

electricity in the entire country. A lot has gotten better."

Iraq now has 100,000 police officers on duty across the country, Mr. Bremer said.

The United States will spend almost \$19 billion in Iraq throughout the next 15 to 18 months, Mr. Bremer said, much of it on rebuilding of old infrastructure like electricity, water and sewage systems.

(Courtesy of Air Force Print News)

Airmen make transition

By Master Sgt. Karen Petitt Multinational Corps-Iraq PA

■BAGHDAD, Iraq — Leading more than 160,000 troops through a transition of authority from coalition forces to the interim Iraqi government is more of an art than a science says the commanding general for Multinational Corps-Iraq.

Army Lt. Gen. Thomas F. Metz said that art comes in the delicate balance of reassigning resources for changing priorities, providing security and working with the Iraqis to rebuild their infrastructure.

"For some of our troops the ... transfer of power will not change their day-to-day mission, but for others it will be a very visible shift in focus," he said.

He said the transition means that the coalition force is now a partner to Iraq and that multinational forces will continue to conduct operations against anti-Iraqi forces.

While the coalition has been instrumental in restoring electricity, building sewage treatment facilities, reopening schools and numerous other civic projects, General Metz said its No. 1 concern is the security of Iraq.

General Metz said that he appreciates the hard work and dedication of the coalition forces.

"I'm proud of your

professionalism and your discipline," he said.

(Courtesy of Air Force Print News)

Airman loses 100 pounds

By Master Sgt. Buzz Ritchie
341st Space Wing Public Affairs

■MALMSTROMAFB, Mont. — It took a missile maintainer here nine months to fix one of the Air Force's most important weapon systems, and he did it out of uniform, without technical orders and after duty hours.

Senior Airman Norman Barore, assigned to the 341st Missile Maintenance Squadron here, lost 100 pounds in nine months, dropping from a super-sized 276 pounds in August 2003 to 176 pounds in May. He did it without surgery, supplements or the latest fad diet. He did it the old fashioned way by simply eating less and exercising more.

"I was supposed to sew on senior airman on Sept. 11, 2003," Airman Barore said. "I knew I'd probably get weighed, and I knew I was way over [the limit]."

When the 6-footer tipped the scale at 276 pounds, his commander told him to lose the weight. Airman Barore enrolled in the health and wellness center's "Sensible Weigh" class.

Sensible Weigh was part of the Air Force's weight management program at the time.

A program that combines health risk and fitness has since replaced it, said Maj. Theresa L. Gilbert, a registered dietitian at the center here

"There is a greater focus on goal setting, lifestyle changes and group activities to help people make changes in their eating habits," Major Gilbert said. Monthly follow-ups are mandatory with BCIP; they were not mandatory with Sensible Weigh, she said.

Airman Barore attended

Learning experience



PHOTO BY STAFF SGT. SARAYUTH PINTHONG

TIMERHRI, Guyana -- Students from a primary school here watch as Staff Sgt. Tonia Morgan plays a video of them at a construction site June 23 during exercise New Horizons 2004-Guyana. About 200 U.S. Airmen, Soldiers and Sailors are participating in the four-month joint training exercise co-sponsored by U.S. Southern Command and the Guyana defense force. A combined team of engineers and medics are working on construction projects and medical-training activities. Sergeant Morgan is assigned to the 1st Combat Camera Squadron based at Charleston AFB, S.C.

Sensible Weigh classes every Friday for four weeks. Half of the class is devoted to fitness, half to nutrition. He said he was not very familiar with either topic.

"I always knew I needed to work out," he said. "But I never knew how hard or how frequently. The class showed me how to hit my target heart rate for a certain duration."

Malmstrom's exercise physiologist and fitness program manager at the center said hitting your target heart rate for the right length of time is the most efficient way to train.

"People should strive for four workout sessions per week to meet their fitness goals," Kirk Clark said.

That is why target heart rate is important, he said. It is a measurement people can take while they are exercising that tells them if they are working hard enough to lose weight and improve their fitness.

A person can determine their

target heart rate by subtracting their age from 220 to get their maximum heart rate.

Their target heart rate is 50 percent to 80 percent of their maximum heart rate.

Mr. Clark added that it is important to pick the right exercise to hit your target heart rate while maintaining a level of comfort and interest.

Staying interested in a fitness program was a challenge for Airman Barore.

Airman Barore said he was always big. He played football and wrestled, but never bothered with a fitness program..

"My goal was to lose weight," Airman Barore said. "Before I joined the Air Force, I had to lose 14 pounds to meet standards. I've been on diets before, but in my opinion, diets are short-term."

Major Gilbert said A slow, steady weight loss is the most effective way to lose the pounds and keep them off. "Short-term diets will do nothing for you in the long run," the major said.

Instead, she suggested people who want to make changes to their diet should keep a daily food diary.

They should also set specific and measurable goals each week, objectives like eating fruit as a snack or drinking water instead of soda, she said.

When Airman Barorehe ran his 1.5-mile fitness test in February, he finished third in his duty section, turning in a time of 12 minutes and 36 seconds.

Three months later, he lowered his time 33 seconds.

Friends and family have noticed the change too.

"My wife tells me 'you look really good' and guys at work say I look a lot better. ," he said. "I've changed my life style and turned my life around. I'm not going back."

(Courtesy of Air Force Print News) Los Angeles' Fashion District takes inexpensive shopping to new level

By Tech. Sgt. Mark McKinney

30th Space Wing Public Affairs he central coast of California has proven to be an assignment to remember for the McKinney family. The beautiful wine country scenery with vineyards as far as the eye can see, lush green landscape dotted with dry grass to add some character, not to mention a great source of grazing for hundreds of local cattle. That's all good, but let's face it, what really makes a great assignment is great

My apologies for that hard right turn there. However, this story is about waking early on a Saturday morning or some other day off, packing family or friends into the vehicle and heading south on highway 101 toward Los Angeles. You'll probably miss the wine country scenery and lush green landscape on the way down, but then you can see that any time.

Once you get to Los Angeles, your destination is the Fashion District, more commonly known by its original name, the Garment District. It is in the heart of downtown Los Angeles, just down the street from the Staples Center, home to the Lakers and

California is known for it's



Annette Mckinney, bargains with a vendor for a shirt she wants to purchase. Deals can be found around every corner of the Fashion District so don't jump at the first one.

evidenced by our frequent stops

Your shopping list might

women's pant suits, shirts, sweats, jewelry, toys,

carpets, flowers, fruits and

extravaganza. The Fashion

District is referred to as a

entertainment equipment, fine

vegetables and the list goes on.

You'll find all of it in this 82-block

include shoes, jeans, men's suits,

affectionately known as the

Fashion District queen,

in Los Angeles.

diverse culture and the Fashion District is a the classic example of cultures coming together for one common cause ... making money and providing goods at discount rates. My wife has become

business improvement district, designed to help small businesses get a jump-start. The first item on your list should be the type of vehicle you drive down to the district. My family's strong recommendation would be to take a van or some other large capacity vehicle. Yes, the deals are that good and you will want to take full advantage of

them. Shops generally open at 9

a.m. and close down at 6 p.m.,

Monday through Saturday.

This is a great destination for anyone stationed at Vandenberg who doesn't mind a relatively short trip for such great deals.

"I'm always looking for the best deal for my money," Anna McKinney said. "When I spend my money, I always want to spend it wisely. It's also a good learning experience for my children on how to be smart with your money."

Regardless of your budget, the Fashion District affords the opportunity to get quality merchandise without spending your entire paycheck.

As with any bargain shopping, make sure to shop around and avoid leaping at the first great sounding deal. Prices don't generally go up, so if you come back later chances are good that the deal will be the same if not a little better.

The great shopping is only

Raphael McKinney purchases a hat during his trip to the Fashion District. Shirts, shoes, pants and hat are just a few of the items. one aspect of a trip to the different section of the district. It Fashion District. A typical day is impossible to see the entire for the McKinneys begins with area on one, two, or even three our early morning drive down the trips – it is that big. Once you've

hours later on Olympic boulevard on it. As part of your planning, you about two blocks from the target may want to check out the official web site of the Fashion District at comfortable shoes to do a lot of www.fashiondistrict.org. While on the site, you can download a map of the district to carry with place for our focus for the day. I

experienced it once though, just

you will want to go back, so plan

like an exotic tropical vacation,

With the long Independence Day weekend upon us, now might be a good time to make your first pilgrimage to downtown Los Angeles and the Fashion District.

Chances are good that you will run into the Fashion District Queen and family.

Fashion District Directions:

Go out the main gate and head south on Highway 1 to Highway 246 and head east toward Buellton. Enter Highway 101 south to Los Angeles and take Highway 110 south toward San Pedro. Exit at Olympic Boulevard and stay right at the signal and one more right onto Olympic. Once you pass the Staples Center (on your right) you will have three short blocks to the Fashion District. Be sure to park at one of the many guarded parking lots. Olympic and Main Street marks the entrance to the Fashion District.

Community Calendar

Independence Day Meal – will be served at Beachcomber's during lunch today.

Kids Fitness Club - The Health and Wellness Center hosts a 'Super Kids Fitness Club' through August 18 from 2 to 4 p.m. Wednesdays at the HAWC. This club is for children ages 10 to 13. To sign up, call 606-2152 or register at the Youth Center.

CASA needs volunteers -Court Appointed Special Advocates is recruiting for new volunteers. CASA provides volunteer advocates for children who have been removed from their homes due to abuse and neglect. Call Becky Reid at 739-9102 for more information.

Short story contest - The Ventura County Writer's Club is

hosting a summertime short story contest. Team Vandenberg writers are invited to submit original, unpublished short stories in any genre. Entries must be submitted with a \$25 entry fee and must be postmarked no later than August 1 to be eligible. Entrants can submit as many stories as they wish, but each story must have a separate entry fee. Winners will be announced Nov. 20 at the Writefest Conference in the Clarion Palm Garden Hotel in Newbury Park, Calif. First place winners will receive \$500 and a publication of the story in the VC Star Nov. 21. Second place winners receive \$250 and third place winners receive \$125. Mail submissions to Gerry Schiller, P.O. Box 246, Newbury Park, Calif 91319. For a complete list of

contest rules go to the Web site http://www.vcwc.org or call William Vietinghoff at (805) 495-

7865 for more information. Library volunteer

tutors – The Lompoc Public Library Adult Reading Program seeks volunteers to work with

English-speaking adults who want to improve their basic reading and writing skills.

Call (805) 735-7323, ext. 16 for

more information or to register. Low walk-up fares

American Airlines expanded its military fares through the fall. The fares include no advancepurchase requirements and no change fees. Call (800) 433-7300.

Dads-to-New Dads and Momsto-New Moms programs – These mentorship programs offer

support to new moms and dads. Call Nancy Sias at 606-5338.

MON

Computer resource **room** – 8 a.m. to 4 p.m. Monday through Friday in the family support center for customers

needing to access the Internet for job searches, relocation assistance, or to stay in touch with family separated because of military service.

Disabled American Veterans – Mobile

service operations are TUE held at 9 a.m. Tuesdays in the Veterans Memorial Bldg at 108 East Locus Street in Lompoc. Call Dan Contreras at (310) 477-2539 for more information.

Youth sign language classes -3 to 3:50 p.m. Tuesdays and Thursdays at the education

center room E-4. The class is for children in third through fifth grades. Call 734-0452 for more information.

101 with a stop for breakfast

about an hour down the road.

We arrive some two and a half

and pay our usual \$3 to park

We usually have a plan in

can assure you that women's

clothing is always on the list.

shopping, a day for back to

shopping just to name a few.

made it a point to explore a

school, a day for holiday

We've had a day for birthday

shopping, and a day for summer

On each occasion, we have

zone. Be sure to wear

walking.

WED

Baby Meet – 9 to 10 a.m. Wednesdays use the staff entrance at the base library.

This is for discussion and socialization for expectant parents and those with babies, newborn through two years old. Call 734-6606 for more information.

Special needs information **network** – 6:30 to 7:30 p.m. every third Wednesday at the base library. Call 734-2282 for information.



Golf Tournament -Flying Tigers Booster Club golf tournament will be held Thursday. Check in is from 10:30 a.m. to noon and shotgun start will be at 12:30 p.m. at the Marshallia Ranch Golf Course.

The cost is \$15 per person. Call Master Sgt. Bill Sante at 606-5386 or Master Sgt. Mike Martin at 606-6212 for more information.



Chapel Services & Events

Call 606-5773 for other denomination worship services and events.

Playtime for Tots -10 to 11 a.m. Fridays at the Religious Education Bldg. The playgroup is

for children ages three through five. Call 757-9044 for more information.

Lompoc Civic Theater – Presents 'B-I-N-G-O Spells Murder' July 2 and 23, August 13 and September 3 at the Alpha Club in Lompoc.

Tickets are \$25 per person and include dinner. To make reservations, call 735-2281.

Movie



7 p.m. SATURDAY BASE THEATER IS CLOSED SUNDAY FOR THE JULY 4TH HOLIDAY

Hi-Way Drive-in

Santa Maria Ph. 937-3515

SPIDERMAN 2 PG-13

2 p.m. SATURDAY

GODSEND PG-13

WHITE CHICKS DAILY 8:30 p.m.

General Admission \$7.50; children and seniors \$5.50; All shows before 5:30 p.m. \$5.50 Movies and times subject to change.

Movies Lompoc

GARFIELD PG DAILY 2:15 p.m., 4:45 p.m., 7:15 p.m. and 9:30 p.m. SAT-SUN 11:45 a.m Ends 7/6/04

SPIDERMAN 2 PG-13 DAILY 2 p.m., 3 p.m. 4:30 p.m., 5:30 p.m. 7 p.m. 8 p.m. and 9:30 p.m.

SAT-SUN 11:30 a.m.- 12: 30 p.m. DODGEBALL PG-13 DAILY 2:15 p.m., 4:45 p.m., 7:15 p.m. and 9:30 p.m. SAT-SUN 11:45 a.m

KING AURTHUR Starts 7/7/04 call for times

Movies Gemini

TWO BROTHERS PG DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m. SAT-SUN 11:30 a.m **THE TERMINAL PG-13**

DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m. SAT-SUN 11:30 a.m.

Parks Plaza Buellton

THE TERMINAL PG-13 DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m. SAT-SUN 11:30 a.m.

SPIDERMAN 2 PG-13 DAILY 2 p.m., 3 p.m. 4:30 p.m., 5:30 p.m. 7 p.m. 8 p.m. and 9:30 p.m SAT-SUN 11:30 a.m.- 12: 30 p.m.

GARFIELD PG DAILY 2:15 p.m., 4:45 p.m. 7:15 p.m. and 9:30 p.m. SAT-SUN 11:45 a.m. Ends 7/6/04 **TWO BROTHERS**

DAILY 2 p.m., 4:30 p.m., 7 p.m. and 9:30 p.m. Volunteers are needed at the G.I. SAT-SUN 11:30 a.m. Java. Call 606-5773 for details. KING ARTHUR Starts 7/7/04 call for times.

WORSHIP SERVICE TIMES Sunday

8:30 a.m. Praise and Worship, Chapel 2 10 a.m. Catholic Mass, Chapel 1 11:30 a.m. Traditional

Protestant, Chapel 1 11:30 a.m. Gospel, Chapel 2

Mass, Chapel 2 Saturday 5 p.m. Catholic Mass, Chapel 2

Monday - Friday

11:30 a.m. Catholic





th Services News

GOLF



RED, WHITE and **BLUE**

4-CLUB TOURNAMENT

Sunday



Shotgun start at 7:30 a.m.

Cost is \$13 per person, which will include a barbecue sandwich and soda immediately after play. The tournament will be 18 holes, medal play, full handicap. Sign up with you own group and select your starting hole. Sign up at the pro shop. Open play tee times will start at 12:30 p.m. Call the golf course for more information at 606-6262.

Holiday Hours: Golf course will be closed Monday.

YOUTH CENTER

Do You Play the Piano?

The Youth Center needs a volunteer to play the piano for it's upcoming children's theatre group production for July 14 to 17. Contact Karen Cook at the Youth Center, 606-2152.

FITNESS CENTER

HOLIDAY HOURS:

4:30 a.m. to 11:30 p.m. Today: Saturday: 8 a.m. to 6 p.m. Sunday: 8 a.m. to 6 p.m. Mon: 8 a.m. to 6 p.m.

Call the Fitness Center for more information at 606-3832.

OUTDOOR REC



TOUR in SANTA BARBARA **July 17**

Sign up deadline: July 9

Depart: 8:30 a.m., return: 2:30 p.m. Cost: \$35 per person Join us for a leisurely day exploring the beauty of Santa Barbara's coastline on a 3-hour guided kayaking tour. for more information, call 606-5908.

ATWIND EVENT!

WhiteWater RAFTING

on the KERN RIVER with **OUTDOOR RECREATION**

> July 10, 24 & August 7

These are one-day trips Cost is \$60 per person

Call Outdoor Recreation at 606-5908 today to sign up for your adventure!

LIBRARY

Dial-A-Story: To hear this week's story, "The Tiger, the Brahman and the Jackal" call the Dial-A-Story at 606-4300. Stories are available 24/7, and are updated every Friday.

Summer Reading Program: The Summer Reading Program is underway. The theme for this year is "Explore New Worlds...READ!" with an ocean background. Sign up your kids and get their packages any time through July 25. Kids bring in their reading logs weekly (week starts each Friday) for prizes and their name on the reading wall.

Holiday Hours: The library will be closed Sunday and open Monday, 11 a.m. to 6 p.m.



Team Vandenberg...

Team IETS PILA





One game piece per facility per day.

TODAY -

Outdoor Rec - All day, rental equipment Golf - All Day, active duty players Fitness Center - 11 a.m. to 1 p.m., Lunch work out

Lunch & Learn -

'Image Correction', 11:30 a.m. to 12:30 p.m. CDC - Storytelling, all day

SATURDAY -

Bowling Center - Youth day Golf - Youth day

Surf Lanes - Youth day

Library - sign up for children's reading program/ Pacific Coast Club - 5 to 8 p.m. Order 1 large piz and 2nd one at half price - get 3 game p

MONDAY -

4th of JULY HO Pacific Coast Club - Lunch, 11 a.m. to 1 p.m.

TUESDAY -

Skills, Arts & Crafts - all day Surf Lanes - all day

Rod & Gun - shoot a round of skeet or trap CDC - Special Meal Day, 2 p.m.

Golf - Intramural golf. 11 a.m. to 12:30 p.m.

Pacific Coast Club - Chicken Buffet, 5 to 8 p.m. **WEDNESDAY** -

ITT, Leisure Travel (now located at Outdoor Rec)

- all day, 8 p.m. to 5 p.m., Family Support Center -

'Informer Day', 8 a.m. to 4 p.m.

Auto Hobby - all day

Rod & Gun - all day Lunch & Learn -

Excel - Macros', 11:30 a.m. to 12:30 p.m. Pacific Coast Club -

Over-the-Hump night, 5 to 6:30 p.m.,

sign up for club drawing Beachcomber - Lunch, 11 a.m. to 2 p.m.

THURSDAY -Youth Center - all day

Family Support Center -'FIRST Day', 8 a.m. to 4 p.m. Library - Storytime, 10 a.m.

Rod & Gun - Shoot a round of skeet or trap

Golf - Lunch, 11 a.m. to 1 p.m. Surf Lanes - Airman's Bowling Night

NATURAL KNEAD

Our new



temporary location is the **HAWC, Bldg. 8505** 1539 Iceland Ave. (Closed Holiday Monday)

Styles of Massage available:

- Swedish
- Barefoot-style Deep-tissue Massage
- Pregnancy
- Hot Stone
- Esalen

HOURS Monday thru Saturday 10 a.m. to 5 p.m.

Saturday - 10 a.m. to 3 p.m. by appointment only Telephone: 605-4748



FURNITURE! VACATION TRIPS!

WIN: CARS! CASH!

Win a new Saturn Car or SUV!

Guaranteed monthly winners!

VUE®



ATWIND all Summer long...

Golf Organization Tourneys - Sign up, get 1 game piece PCC - Join the club or sign a member up - Get 1 game piece Vet Clinic - Newly registered pet - Get 1 game piece

Lunch & Learn classes - Get 1 game piece Honor Guard - Current member signs up new member - Get 1 game piece

Education Center - Receive a game piece on Wednesday, 9 a.m. to 3 p.m., for coming by the center Education Center - Take a college course approved by the Base Education Office, receive a game piece

One game piece per facility per day.

To Play Go To: www.atwind.com or Call: 888-597-9960

Sponsored by:

SPRINT • USAA • COCA-COLA • US AIRWAYS • SATURN • THOMASVILLE • LIFE FITNESS • ASPEN • TYSON

No Federal Endorsement of Sponsors Intended.

The Marketing and Publicity office is the headquarters for ATWIND.

We are located in the 30th Services Headquarters/

NAF Accounting Office, Bldg. 11013. Telephone: 606-0276.

SKILLS DEVELOPMENT

oodworking c

We are proud to announce the arrival of a new woodcraft instructor at the Skills Development. Please welcome him to our community and while you're at it, sign up for the first of a series of new classes offered by him. The newest class offered is:

WOODWORKING FOR THE BEGINNER

This class consists of making a project which is designed to introduce the beginner to the use of wood shop machinery. The project is a cutting board, (two basic designs are available) for household use. Cost of the class is, \$25.00 which includes materials. Maximum 5 students.

SPECIAL OFFER:

We will laser engrave your name on the project at no cost. Call 606-8885 for sign-up.

Skills Development is looking for contract instructors to teach various art techniques. Interested persons can call 606-9487 or come by the facility, Bldg. 11193.

PACIFIC COAST CLUB HOLIDAY HOURS:

Today: Limited Club Lunch (order from menu), Foggio's open normal hours; E-Lounge open 3 p.m. to ???; O-Lounge closed Saturday, Sunday and Monday: Club closed